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## Claims

- 1. A method for inhibiting or preventing spot formation at the surface of edible mushrooms, wherein the mushrooms are exposed to an effective amount of UV-light.
- 2. A method according to claim 1, wherein the mushrooms are exposed to 0.001 0.25 J/cm<sup>2</sup> of exposure energy based on the amount of UV-light.
- 3. A method according to claim 1 or 2, wherein the mushrooms are exposed to  $0.01-0.15~\rm J/cm^2$  exposure energy, based on the amount of UV-light, preferably  $0.03-0.1~\rm J/cm^2$  exposure energy, based on the amount of UV-light.
- 4. A method according to any one of the preceding claims, wherein the mushrooms are exposed to UV-light coming from a continuous light source.
  - 5. A method according to any one of the preceding claims, wherein a substantial amount of the UV-light to which the mushrooms are exposed is UV-C light.
- 6. A method according to any one of the preceding claims, wherein the mushrooms are exposed to the UV-light at least prior to harvesting.
  - · 7. A method according to any one of the preceding claims, wherein the mushrooms are button mushrooms.
- 8. A method according to any one of the preceding claims, wherein the mushrooms are picked in a mechanical manner.
  - 9. A mushroom, obtainable according to the method according to any one of the preceding claims.
  - 10. A mushroom with a shelf life at 10°C of more than 12 days, preferably of at least 16 days.
- 25 11. A mushroom according to claim 9 or 10, wherein on at least a part of the surface a top layer is present, containing, at least substantially, dead cells, which top layer has a thickness of, on average, approximately 75 175 μm.

12. A mushroom according to any one of claims 9-11, the surface of which is essentially free of added preservatives.

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- 13. The use of UV-light for reducing or preventing formation of brown spots at the surface of an edible mushroom.
- 5 14. The use of UV-light for increasing the shelf life of an edible mushroom.